

# Become a First Responder!

First Responders are a vital component of the Emergency Medical Services team!

To ensure that this vital resource remains available to residents, the Saskatchewan Health Authority (former Heartland Health Region) provides a minimum of two First Responder Courses each year.

The role of the First Responder is to work with ambulance services to provide emergency care. They ensure the EMS system has been activated, gain safe access to the patient, assess the patient's condition and provide emergency treatment until the ambulance arrives. In rural Saskatchewan First Responders reduce the time that patients wait for initial care in the EMS system.

The First Responder course consists of 48 hours of classroom instruction that includes CPR, AED training, lectures and hands-on practical training using medical equipment. The training modules covered include anatomy, patient assessment, oxygen therapy, and medical and trauma emergencies to name a few.

Once completed the First Responder course individuals will be registered with Saskatchewan Health, and will receive an orientation to the program. First Responders will also receive a fully stocked first responder kit if required, some areas have multiple First Responders or shared kits.

Once registered and orientated, First Responders must complete ongoing continuing education to keep

their license. All First Responder continuing education is provided free of charge across the region. First Responders have mandatory education they must complete to get relicensed in their two year registration term. We also offer additional education to further our First Responders knowledge.

If you are interested in providing this valuable service to your community, or if you would like to find out more about the First Responder Program, please contact Eric Blosky or Jim Cheyne using the contact information at the bottom of the page.

Applications are accepted year round and are kept on file for upcoming courses. Applicants are required to complete and submit an application & criminal record check. Applications & criminal record checks can be submitted to Eric Blosky. Approved applicants will be contacted. The First Responder course is free of charge to approved applicants, and no prior training is required.

For further information please contact:

**Eric Blosky, First Responder Program Coordinator**

P: 306-882-2672 ext.2234

E: Eric.Blosky@saskhealthauthority.ca

**Jim Cheyne, EMS Care Team Manager**

P: 306-867-8676 ext.419

## Fall Course 2018

Location: Rosetown

### Weekend 1

November 2nd	5:30pm to 10:00pm
November 3rd	8:00am to 4:00pm
November 4th	8:00am to 4:00pm

### Weekend 2

November 16th	5:30pm to 10:00pm
November 17th	8:00am to 4:00pm
November 18th	8:00am to 4:00pm

**Deadline for Applications: October 19, 2018**



**Saskatchewan  
Health Authority**



**saskhealthauthority.ca**

To get your first responder application, please go to:

<https://www.hrha.sk.ca/programs-services/emergency-medical-services/Pages/First-Responders.aspx>